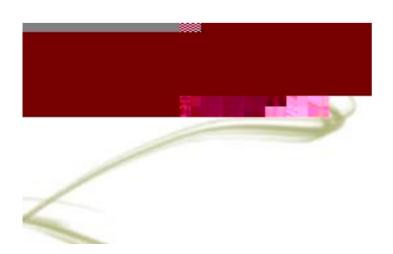
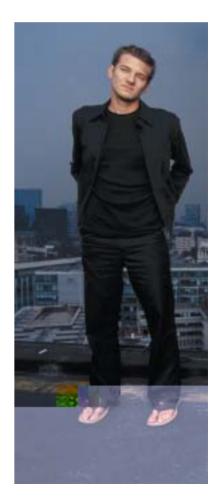


SCIENCE, MUSIC AND ARTS

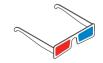




Dreamspaces

Dreamspaces is a series about modern architecture and contemporary design. Aspirational and international in outlook, Dreamspaces is presented by renowned architect, David Adjaye, Justine Frischman (ex-lead singer of Elastica) and architect/presenter, Charlie Luxton (Not All Houses Are Square). Each show features topical issues concerning design and architecture, a reflective look at some of the greatest modern architects and a visit to cities packed with amazing architecture. Celebrities also choose their favourite buildings to discuss.







Beauty is in the eye of the beholder – or is it? Untold Beauty is a documentary series that takes a deep and intriguing look at what society deems as beautiful, attractive or sexy and explores what people do to create and emulate those body images and why.

Each episode looks at what spurs society's obsession with body image. It begins by examining the image-makers - the people who create, photograph, model, affect and decide on the modern image of beauty – and asks why these images are often unreal and unobtainable. The series also delves into what attracts people to these images, why they are so important and how people, as consumers, deal with their obsession for the body beautiful. Finally, the series looks at the "body professionals" – those whose work helps change bodies in the extreme pursuit of the perfect image.

From interviewing those involved in the beauty and celebrity worlds – including leading photographer Rankin, model Jodie Kidd and actor Ray Winstone – to providing scientific and psychological experimentation with people's ideas and conceptions, Untold Beauty is a fascinating look at the significance of the body image in society.



Body Hits

Binges, benders, lost weekends – all are basic forms of modern day hedonism. Body Hits, presented by Dr John Marsden, examines the culture and science of excess and enters the minds and bodies of those who just don't seem to know how to say "no".

Partying is often at the core of modern-day culture. After a hard

week at work, many head to the pub for a couple of drinks, an experience that often turns into a big night out. Binge-drinking is no longer the extreme and, for 2.5 million under-30s, the weekend's entertainment often involves an illegal substance. Body Hits uses computer graphics imaging in a frank exploration of what goes on in the body when we party, how much damage such excessive habits can do and whether the effects of fast living can be reversed by dieting and detox.

The series investigates the very nature of pleasure and the biological pathways that drive people to excess. It also examines the downsides – the fact that every snort of cocaine ages the heart irreversibly, that alcohol is more physically addictive than most illegal drugs, and that fasting can, in fact, poison the system.

In today's society, even healthy living is taken to excess. People follow dangerous diets, age their joints and muscles through obsessive exercise and spend money on exotic detox treatments that often prove next to useless. Body Hits follows three people through various detox regimes and reveals which of them work and which might be doing more harm than good.

Dr John Marsden is a senior research psychologist at the National Addiction Centre, Institute of Psychiatry and a Government advisor on drugs policy. He is a leading expert in his field and has worked with both the World Health Organisation and the United Nations.

Trevor Nelson's Lowdown

"The Lowdown is much more than just a music show, it will feature big name guests from all walks of life. With an urban flavour it's going to be the only show of its kind in the UK." Trevor Nelson.

With celebrity guests, live performances from artists and bands plus filmed inserts, Trevor Nelson's Lowdown is a brand new music and lifestyle entertainment show, providing a great platform for musical talent.



Underground 2003 The BBC Three Awards

Britain is a nation brimming with talent, famed for setting new trends and leading the world in all that's cutting edge.

In February 2003, BBC Three launches its own forum for recognising the icons and visionaries of tomorrow o m Tc Cool. Some TL T*[oninhabitLdge.