

The Kitchen Café Takeaway

Confit Tomatoes By Tom Kitchin

Prep time: 3 - 4 hours Serves 4



Ingredients

2 x punnet of cherry tomatoes Extra virgin olive oil 3 cloves of garlic (peeled and sliced) ½ bunch basil Salt and pepper

Method:

- Pre-heat the oven to 50 degrees.
- Cut the tomatoes in half and place them in a mixing bowl.
- Add a good dash of olive oil, the sliced garlic, the basil and salt and pepper.
- Toss the tomatoes.
- Meanwhile, prepare a tray with a cooling rack on top and carefully place tomatoes on top.
- Place it into the oven or warm area above the oven or Aga, and leave to dry for 3-4 hours until completely dry.
- Then leave to cool and place them in a jar and cover with oil.
- Place the jar in the fridge to store.

Wednesday lunchtime from 1315-1400 BBC Radio Scotland 92-95FM 810MW bbc.co.uk/radioscotland Twitter:@BBCKitchenCafe