

B T m Ki chi

5, 1"#6'#, 7-%

- 1 fresh sea bass
- ! finely chopped shallots
- 1 tsp finely chopped chives
- 2 tsp light soya sauce
- 1 tsp rice vinegar
- Sliced cucumber to fit a mould
- 1 tsp olive oil
- 2 cooked beetroots, blitzed to make a puree
- 1 soft boiled quails egg

!"#\$%&' (#)%* +%(' , -%
. //0' , 1%&' (#)%+(' , -%
2#"3#-)%4%

8#79/6%

- 1.! Skin the sea bass.
- 2.! Cut flesh off either side of the bone
- 3.! Finely chop sea bass on a frozen chopping board
- 4.! Put in a cold bowl
- 5.! Add chopped shallots, 10.0E Qvets, p(h)0.2 (j)0.2 (sa)0.2 (u)0.2 (ce)0.2 (x)0.2 (a)0.2 ked vinegr